



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
				Jambalaya – 4.00 Pineapple Chicken -4.00 Sunrise Pasta– 3.75 Broccoli – 1.00 VT White Rice– 1.25 VT Turkey Melt -3.75 NGF Tuna Melt -3.75 NGF	Pizza-2.25/ 3.00 VT GFO Panzarotti-4.00 VT NGF Vegetarian-4.00 VT Vegetable-1.00 VT	
	Apricot Chicken – 4.00 Meatloaf -4.00 NGF Pasta w/ clam sauce – 3.75 GFO Cauliflower – 1.00 VT Au Gratin Potatoes -1.25 VT Black Bean Burger – 3.75 VT NGF Hot Dog – 3.00 NGF	TACO TUESDAY – 4.00 GFO Beef, Chicken & Pork Mexican Rice & Beans -3.75 VT Peppers & Onions – 1.00 VT White Rice – 1.25 VT Veggie Panini – 3.75 NGF Churros -1.00 or 2/1.75 VT NGF	Jerk Pork – 4.00 Curry Chicken – 4.00 Caribbean Stir Fry -4.00 Coconut Rice – 1.25 VT String Beans – 1.00 VT Turkey Burger – 3.75 NGF Vegetable Panini -3.75 NGF	Pesto Chicken – 4.00 Sausage, Peppers & Onions – 4.00 Ratatouille – 3.75 VT Peas – 1.00 VT Sweet Potato Fries – 1.25 VT Ham, Egg & Cheese – 3.50 NGF Egg & Cheese – 3.50 NGF	Pizza-2.25/ 3.00 VT GFO Panzarotti-4.00 VT NGF Vegetarian-4.00 VT Vegetable-1.00 VT	
	CHEESE STEAKS – 4.00 Beef & Chicken - GFO Tofu– 3.75 VT Broccoli – 1.00 VT French Fries – 1.25 VT Turkey Bacon Cheddar Melt – 3.75 NGF Veggie Wrap – 3.75 NGF	Baked Ham– 4.00 Baked Shells – 4.00 NGF Grilled Cheese – 3.75 GFO VT Succatash- 1.00 VT Potato Wedges – 1.25 VT Bacon, Egg & Cheese – 3.75 NGF Egg & Cheese – 3.75 VT NGF	Chicken Parmesan – 4.00 GFO Pasta with Meat Sauce – 4.00 GFO Pasta with Marinara – 3.75 VT GFO Zucchini/Squash – 1.00 VT Garlic Bread – 0.35 VT NGF Veg Panini – 3.75 NGF Chicken Panini – 3.75 NGF	Pizza-2.25/ 3.00 VT GFO Panzarotti-4.00 VT NGF Vegetarian-4.00 VT Vegetable-1.00 VT	<b>NO SCHOOL WINTER BREAK</b>	
	<b>NO SCHOOL WINTER BREAK</b>	Chicken Piccata – 4.00 Hamburger Pasta – 4.00 Garlic Veggie Pasta – 3.75 VT Vegetable Medley – 1.00 VT Mashed Potatoes – 1.25VT Chicken Sandwich – 3.75 VT Black Bean Burger – 3.75 VT	Chicken Tenders – 4.00 Pepper Steak -4.00 Egg Plant Parmesan -3.75 VT GFO Potato Wedges -1.25 NGF Glazed Carrots – 1.00 VT Veggie Melt – 3.75 NGF Chicken Dijon Sandwich – 3.75 NGF	<b>CHINESE DAY</b> General Tso -4.00 NGF Chicken Lo Mein – 4.00 NGF Vegetable Lo Mein – 4.00 VT NGF White Rice – 1.25 VT Fried Rice – 1.25 VT Vegetable Egg Roll – 1.25 VT NGF Pork Roll, Egg & Cheese– 3.75 NGF Egg & Cheese – 3.75 NGF	Pizza-2.25/ 3.00 VT GFO Panzarotti-4.00 VT NGF Vegetarian-4.00 VT Vegetable-1.00 VT	
	Roast Beef & Gravy – 4.00 GFO Lemon Herb Fish – 4.00 Macaroni & Cheese -4.00 VT/GFO Stewed Tomatoes – 1.00 VT Roasted Potatoes – 1.25 VT Veggie Burger – 3.75 VT NGF	<b>THEME DAY MARDI GRAS</b>	BAKED ZITI DAY – 4.00 GFO Beef, Cheese & Veggie VT Brussel Sprouts -1.00 VT Garlic Bread – 0.35 VT GFO Corned Beef Reuben -3.75 NGF Tuna Melt -3.75 NGF		<u>VT is Vegetarian Item</u> <u>GFO is Gluten Free Option</u> <u>\$0.50 more</u> <u>NGF is Not Gluten Free</u>	

\*Contract Lunch Provides: One Entrée (Hot or Cold); Side Hot Vegetable; Side Small Salad; Cup of Soup; Dessert & Beverage  
Daily Ala Carte Lunch Menu also includes: Fruit & Salad Bar; Soups of the Day; Assorted Desserts & Fresh Fruit